



## Sick Procedures

In an effort to maintain a healthy learning environment for clients and staff, we have put the following guidelines in place. Please keep your child home, and notify GLC no later than 7:30 am the day of the session, if they are experiencing any of the following:

- Fever of 100.5 or greater (children may return when they are fever free WITHOUT medication for 24 hours)
- Excessive coughing or difficulty breathing
- Upper respiratory illness (e.g., bronchitis or influenza)
- Diarrhea (children may return when they are diarrhea free for 24 hours or with a doctor's note stating that they can return sooner)
- Bloody stools or stools containing mucus (these could be signs of a viral or a bacterial infection)
- Vomiting (children may return when they have reached 24 hours without vomiting)
- Undiagnosed rash
- Chickenpox (children are no longer contagious once all of the sores have dried and crusted over)
- Hand, Foot, and Mouth Disease (children may return after 7 days from beginning of symptoms)
- Impetigo (children are no longer contagious after 24 hours of antibiotics)
- Scabies (until treated)
- Bacterial conjunctivitis (pink eye) or yellow discharge from the eye (please keep your child home if a doctor considers contagious)
- Strep throat
- Mouth sores
- Moderate to heavy draining (from ears, mouth, nose, or eyes – clear or discolored)
- Head lice (children can return after they have been thoroughly treated)
- Ringworm (please keep children at home until treatment has begun)

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**Your child may return after they have been symptom free for 24 hours, unless otherwise stated.**

If a child experiences any of these illnesses or symptoms during the session/day, parents or a designated contact person will be contacted to pick the child up in a timely manner. The sick child may return to GLC no sooner than 24 hours after they were initially sent home UNLESS a physician provides written documentation.

**Occasionally, GLC staff may become ill and are unable to attend a scheduled session. GLC will do everything possible to find a suitable person to cover the session. However, sessions may be cancelled due to staff illness and families will be notified with as much notice as possible.**

